

Westbank Community Garden



*Winter is an etching,
spring a watercolor,
summer an oil painting, and
autumn a mosaic of them all.*

- Stanley Horowitz

GARDENER SPOTLIGHT



Name: Sarah Pollan (plot #13), shown here with one of her daughters

Hometown: Albany, NY

I've been a gardener at Westbank since: October 2016

My favorite thing to grow is: basil.

My favorite drink is: tea.

My dream garden project would be: gardening up north -- I miss the variety of fruits and veggies that grow in the cold weather. No fire ants would be a bonus!

The most exciting place I have visited has been: This summer our family went on a whirlwind trip to Iceland, England, and Ireland.

If I won the lottery, I would: pay for my kid's education, then give the rest of the money away.

My perfect day would include: snuggling with my children.

My favorite movie is: *Spirited Away* (or any Hayao Miyazaki film).

Some of my hidden talents are: I knit and I play piano.



NEW

GARDENER

Join me in welcoming Phillip Craft to plot 12! He has an exciting trip to Israel planned that will force him to delay his fall planting until the November 12th weekend, but he's very eager to get started. And a big thank-you to Cathy's son Ben, who did the big job of weeding plot 12 in preparation!

WHAT TO PLANT IN NOVEMBER



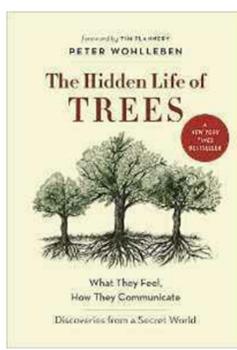
From seeds: Mustard, radish, spinach, wildflower seeds

From plants: Lettuce, mustard, kale, chard, peas, spinach



*"Is this from the community garden?
It tastes sanctimonious."*

Hat tip to Westbank librarian Kristi Floyd for alerting me to this little gem from last week's *New Yorker* magazine -- hilarious, though surely none of *us* are sanctimonious!



NEW TITLE SPOTLIGHT

"In *The Hidden Life of Trees*, Peter Wohlleben shares his deep love of woods and forests and explains the amazing processes of life, death, and regeneration he has observed in

the woodland and the amazing scientific processes behind the wonders of which we are blissfully unaware.

Much like human families, tree parents live together with their children, communicate with them, and support them as they grow, sharing nutrients with those who are sick or struggling and creating an ecosystem that mitigates the impact of extremes of heat and cold for the whole group. As a result of such interactions, trees in a family or community are protected and can live to be very old. In contrast, solitary trees, like street kids, have a tough time of it and in most cases die much earlier than those in a group.

Drawing on groundbreaking new discoveries, Wohlleben presents the science behind the secret and previously unknown life of trees and their communication abilities; he describes how these discoveries have informed his own practices in the forest around him. As he says, a happy forest is a healthy forest, and he believes that eco-friendly practices not only are economically sustainable but also benefit the health of our planet and the mental and physical health of all who live on Earth. " -*Greystone Books*, **NEW 582.16 WOH**

OUR NEW WISH LIST

I have updated our Amazon [wish list](#) to reflect some regular maintenance items, plus some supplies for future projects. If you or anyone you know wants to purchase something on the garden's behalf, let Alex know. And please let me know of other suggestions to add. Thank you!



...And the winner of our October's *Name That Plant* contest is **Jenni W** (plot 3)! She knew that this lovely flower from the mint family is bee balm (*Monarda didyma*), and so wins a \$10 gift card to Barton Springs Nursery!

NAME THIS PLANT



This member of the dandelion family is a native of Europe, but can now be found all over Asia and North America. The entire plant has medicinal benefits, but it is the roots that are most utilized these days: they are roasted, dried, and pulverized for use as a coffee substitute.

Think you know? Be the first to email Alex any of the common names or the Latin name!

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