

Westbank Community Garden



There is no season when such pleasant and sunny spots may be lighted on, and produce so pleasant an effect on the feelings, as now in October.

Nathaniel Hawthorne

GARDENER SPOTLIGHT



WELCOME, MARCIA!



Welcome to **Marcia Beckford**, who has taken over plot #9. We're very glad to have you, Marcia!

BOY SCOUT WORK DAYS

Thanks to troop 31, our garden is much less weedy and overgrown! If you know of a Boy Scout Troop or church group that does community service, let Alex know. We could sure use help from time to time.

FALL PARTY

Stay tuned soon for the date of our fall party! If you haven't yet shared your date preferences via the Doodle poll -- or didn't receive it -- let me know as soon as possible. Thanks!

WHAT TO PLANT IN OCTOBER



From seeds or plants:

Beets,
Carrots,
Mustard,
Onions,
Peas,
Radishes,

Spinach, Turnips, Chinese Cabbage, Collards,
Garlic, Lettuce

OAK WILT TALK

Have oak trees on your property? Join us for our rescheduled Oak Wilt talk on



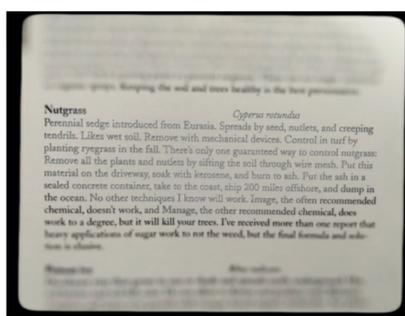
Sunday, October 2nd at 2pm at Westbank Library! Our presenter is oak wilt specialist and master gardener Jackie Johnson.

THE DREADED NUT SEDGE

I was chatting with some gardeners recently and the subject of nutgrass, or nut sedge, came up. This is the



grassy-looking weed that likes to pop up in your garden bed, and is particularly difficult to eradicate because of the nut-shaped root nodules that break off into the soil when the grass is pulled. I remembered with amusement what J. Howard Garrett had to say about this weed in his classic book *Texas Vegetable Gardening the Natural Way*: "There's only one guaranteed way to control nutgrass. Remove all the plants and nutlets by sifting the soil through wire mesh. Put this material on the driveway, soak with kerosene, and burn to ash. Put the ash in a sealed concrete container, take to the coast, ship 200 miles offshore, and dump in the ocean. No other techniques I know will work."



NAME THAT PLANT!



This type of flower is in the mint family, and is beloved by bees, butterflies, and hummingbirds. It can be found in red, pink, or white varieties. Its crushed leaves have long been used for antiseptic purposes: a primary component, thymol, is an active ingredient in many modern mouthwashes.

Think you know? Be the first to email Alex any of the common names or the Latin name!

Name:
Nadine Herbst

Hometown:
Schaumburg, Illinois

I've been a gardener at Westbank since:
Spring 2016

My favorite thing to grow is: basil and tomatoes. I love my Ensalada Caprese!

If I were a vegetable, I would be: a green bean. When I was a kid my parents called me "Dino string beans". I was tall and skinny...wish that were still true ;-)

My favorite drink is: water with lime. I know it is boring, but it keeps me hydrated and it makes me drink water.

My dream garden project would be: to have a garden like Jenni's. She's my garden hero!

The most exciting place I have lived has been: Northern California. I loved living there and hope to go back one day. Monterey California was my favorite because of the Aquarium. I would like to work or volunteer there when I retire from teaching.

If I won the lottery, I would: put the money away to send my boys to college. If they didn't need the college money, I would use it to send us all on a trip to Australia. I have made it to three of the four Grand Slams for tennis, and Australia is last on my bucket list.

My perfect day would include: a cool morning with some coffee, a short run and some time with my family outdoors.

My favorite movie is: *The Cutting Edge*. It's an 80's movie with D.B. Sweeney, who I think is dreamy!

OUR NEW WISH LIST

I have updated our Amazon [wish list](#) to reflect some regular maintenance items, plus some supplies for future projects. If you or anyone you know wants to purchase something on the garden's behalf, let Alex know. And please let me know of other suggestions to add. Thank you!



...And the winner of our September's *Name That Plant* contest for the third month in a row is **Deika** (plot 7)! She knew that this starchy tuber is *Manihot esculenta*, known commonly as cassava, manioc, or yuca, and so wins a \$10 gift card to Barton Springs Nursery!

Have articles, photos, recipes, or tips to share? Email alex@westbanklibrary.com

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